

# FACIAL WAXING PREP GUIDE

Brows + Facial Waxing

*Elevated Beauty. Intentional Artistry.*

Please read before your appointment. Proper preparation helps protect the skin and minimize irritation, sensitivity and unwanted skin lifting.

## A Little Prep Goes a Long Way

Waxing works best when the skin barrier is healthy and calm. The right prep helps us achieve a clean result while reducing the chance of irritation.

## 7 DAYS BEFORE

- Keep your skincare routine gentle on the area being waxed.
- Avoid introducing new active products immediately before your appointment.
- Avoid aggressive exfoliation, scrubs, dermaplaning or treatments that leave the skin sensitive.
- If your skin becomes unusually dry, peeling, irritated or reactive, contact us before your appointment.

## RETINOID + ACTIVE SKINCARE — PLEASE READ

Retinoids can make skin more fragile and more susceptible to lifting or injury during waxing. Elio Beauty Co. takes a conservative approach and recommends stopping topical retinoids/retinol on the area being waxed for at least 7 days before the appointment, unless your healthcare provider has given you different instructions.

- Examples include Retin-A/tretinoin, retinol, retinal/retinaldehyde, adapalene (Differin) and other topical vitamin-A derivatives.
- Tell your esthetician about prescription acne treatments, exfoliating products or anything that causes peeling, burning or significant dryness.
- Do not stop a medically necessary prescription without speaking with your healthcare provider.

## ISOTRETINOIN / ACCUTANE — NO WAXING

If you are currently taking isotretinoin (such as Accutane), or have taken it within the past 6 months, please do not book facial waxing. Contact us if you are unsure about your medication history.

## RECENT TREATMENTS

- Do not wax over recently treated skin following chemical peels, dermaplaning, microdermabrasion, microneedling, laser or other resurfacing treatments.
- Allow the skin to fully recover before waxing. If you have had a recent treatment, contact us with the treatment type and date.
- Do not wax sunburned, peeling, broken, inflamed or otherwise compromised skin.

## 48 HOURS BEFORE

- Avoid intentional tanning and excessive sun exposure on the treatment area.
- Avoid aggressive exfoliation and new active skincare.
- Keep the skin moisturized with a gentle, non-irritating product if needed.

## DAY OF YOUR APPOINTMENT

- Arrive with clean skin and minimal makeup on the area being waxed.
- Do not apply heavy oils, fragranced products or strong active skincare to the treatment area immediately before your appointment.
- Let us know about any medication, skincare, recent treatment, allergy or previous waxing reaction that could affect your service.

## SAFETY NOTE

Your safety always comes first. If a contraindication is present or your skin is not in an appropriate condition for waxing, Elio Beauty Co. reserves the right to modify, postpone or decline the service.

## QUICK CHECKLIST

- Skin is calm, intact and not sunburned
- No Accutane/isotretinoin within the restricted period
- Retinoids/retinol and strong actives paused as appropriate
- No recent resurfacing treatment over the area
- Relevant medications and skincare disclosed
- Arrive with clean skin